

SURGERIES

Be sure to include the year you had the surgery.

Surgery/Procedure	Date	Physician/Surgeon

HEALTH MAINTENANCE

What is the date of your last:

Colonoscopy	
Tetanus vaccine	
Pneumonia vaccine	

WOMEN'S HEALTH HISTORY

If you are a woman, please fill in the information below.

Age menses started	
Age first child was born	
Age/year menopause	
Date of last PAP	
Date of last mammogram	
Total # of pregnancies	
# of full-term pregnancies	
# of pre-term pregnancies	
# of miscarriages	
# of abortions	
# of ectopic or tubal pregnancies	
# of live births - vaginal delivery	
# of live births - cesarean section	
# of children living now	

EDUCATION / MILITARY EXPERIENCE

High School graduate or GED equivalent? Y N

College Some Degree: _____

Military experience _____

EMPLOYMENT

Employer _____

Occupation _____

Part-time Full-time Retired Disabled

FAMILY HISTORY

Have any of your relatives had any of the following?

Diagnosis	Relationship	Living?
ADD / ADHD	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
Alcoholism	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
Allergies	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
Alzheimer's Disease	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
Arthritis	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
Asthma	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
Bipolar Disorder	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
Birth Defect	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
type: _____	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
Blood Disease	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
Cancer	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
type: _____	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
CVA (Stroke)	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
Depression	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
Developmental Delay	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
Diabetes	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
Eczema	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
Heart Disease	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
High Cholesterol	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
High Blood Pressure	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
Learning Disability	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
Lung Disease	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
Mental Illness	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
Migraines	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
Obesity	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
Osteoporosis	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
Renal Disease	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
Seizure Disorder	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
Thyroid Disease	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
Other: _____	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
Other: _____	_____	<input type="checkbox"/> Y <input type="checkbox"/> N
Other: _____	_____	<input type="checkbox"/> Y <input type="checkbox"/> N

TOBACCO

Do you use tobacco? Y N

Type _____

How much/day? _____ Number of years _____

Have you tried to quit before? Y N

If yes, method? _____

I quit Year _____

Passive (second-hand) smoke exposure? Y N

ALCOHOL

Do you drink alcohol? Y N

Type _____

How much? _____

How often? Daily Weekly Socially Binge

I quit Year _____

CAFFEINE

Do you consume caffeine? Y N

Type _____

How much? _____

How often? _____

RECREATIONAL DRUGS

Do you take recreational drugs? Y N

Type _____

How much? _____

How often? _____

I quit Year _____

EXERCISE/ACTIVITY

What is your normal activity level?

Sedentary Moderate Athletic

How many hours per week do you exercise? _____

HOME ENVIRONMENT / SAFETY

Home heating type _____

DENTAL

Dentist _____

Date of last exam _____

ADVANCE DIRECTIVE

Below, check all documents you have in place:

None

Living Will

Power of Attorney

Healthcare Proxy